

151 Cheshire Ln N, Suite 200, PLYMOUTH, MN
COMPETITIVE TEAM SCHEDULE 2025-2026

CLASSES START SEPTEMBER 2nd, 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
PRE-TEAM/L3	4:30 - 6:00			6:00 - 7:30	4:30 - 6:00	11:00 - 12:30
LEVEL 4	5:30 - 7:00	5:30 - 7:00		4:30 - 6:00		11:00 - 12:30
LEVEL 5/XCEL Silver/Bronze		5:00 - 7:00		5:00 - 7:00	4:30 - 6:30	11:00 - 2:00
LEVEL 6/Xcel Gold	6:00 - 9:00		5:30 - 8:30		6:00 - 9:00	11:00 - 3:00
LEVEL 7/8/Xcel Diamond/Platinum	6:00 - 9:00	6:00 - 9:00	6:00 - 9:00	6:00 - 9:00	6:00 - 9:00	11:00 - 3:00
LEVELS 9/10/ELITE (PERSONALIZED)	4:00 - 7:00 5:00 - 8:00 6:00 - 9:00	4:00 - 7:00 5:00 - 8:00 6:00 - 9:00	4:00 - 7:00 5:00 - 8:00 6:00 - 9:00	4:00 - 7:00 5:00 - 8:00 6:00 - 9:00	4:00 - 7:00 5:00 - 8:00 6:00 - 9:00	11:00 - 3:00 12:00 - 4:00 1:00 - 5:00

THE SCHEDULE IS SUBJECT TO CHANGE

TUITIONS ARE DUE BY THE 5TH OF THE MONTH

TRY OUT CLASS IS FREE
 TO SCHEDULE PLEASE CALL 952-913-2787
 OR
 REQUEST ON-LINE

YEARLY REGISTRATION FEE IS \$60 (DUE AT SIGN UP/INCLUDES NWR T-SHIRT/SHORTS)

SIBLING DISCOUNT 20%

BRING A FRIEND DISCOUNT (MUST SIGN UP) - 20% OFF ONE MONTH TUITION

EXTRA HOURS AVAILABLE UPON REQUEST, CALL FOR DETAIL