

STRETCHING/CONDITIONING PROGRAM SCHEDULE

Starting September 1st 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
All ages	4:00 - 5:00 PM					
<i>Please call for information about our stretching/conditioning program.</i>						
<small>Stretching and Conditioning Program Tuition 1 class / week \$ 100.00 /</small>						