

2008 Region 3 Championships

Hosted by Oakland Rhythmics

Location:

East Hills Middle School
2800 Kensington Rd, Bloomfield Hills MI 48304

Sat Apr 5

Level 5

7:30 am Gym Opens
8:30 -8:50 Timed Warm-ups
8:55 March out
9:00- 11:25 Competition
11:45 Awards (in cafeteria on second floor)

Level 6

10:25 am Gym Opens
11:25-12 Timed Warm-ups
12:05 March out
12:10 – 2:30 Competition
2:55 Awards (in cafeteria on second floor)

2:30-2:35 L.O.V.E. Exhibition – Level 3 & 4

Level 8

1:35 pm Gym Opens
2:35 – 2:55 Timed Warm-ups
3:00 March out
3:05 – 5:00 Competition
5:15 Awards (in cafeteria on second floor)

Level 7

4:00 Gym Opens
5:00 – 5:20 Timed Warm-ups
5:20 March out
5:25 – 7:45 Competition
8:00 Awards (in cafeteria on second floor)

Group

7:00 Gym Opens
8:00 – 8:10 Warm-ups
8:15 Competition
8:20 Awards

Schedule
Region 3 Championships

Sun Apr 6

Levels 9/10 Jr

7:30 am Gym Opens

8:30 -8:50 Timed Warm-ups

8:55 March out

9:00- 11:20 Competition

11:35 Awards (in cafeteria on second floor)

Level 9/10 Sr

10:20 am Gym Opens

11:20-11:35 Timed Warm-ups

11:40 March out

11:45 – 1:45 Competition

2:00 Awards (in cafeteria on second floor)

Level 4

(Note: Level 4 gymnasts will perform one at a time on the full floor)

12:45 pm Gym Opens

1:45 – 2:10 Timed Warm-ups

2:15 March out

2:20 – 3:45 Competition

4:00 Awards